Effects of a Methanol Fraction of the Leaves of *Leonotis leonurus* on the Blood Pressure and Heart Rate of Normotensive Male Wistar Rats

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**Abstract**—*Leonotis leonurus* a shrub indigenous to Southern Africa is widely used in traditional medicine to treat a variety of conditions ranging from skin diseases and cough to epileptic fits and ‘heart problems’. Studies on the aqueous extract of the leaves have indicated cyclooxygenase enzyme inhibitory activity and an antihypertensive effect.

Five methanol leaf extract fractions (MLEa - MLEe) of *L. leonurus* were tested on anaesthetized normotensive male Wistar rats (AWR) and isolated perfused working rat hearts (IWH). Fraction MLEc (0.01mg/kg – 0.05mg/kg) induced significant increases in BP and HR in AWR and positive chronotropic and inotropic effects in IWH (1.0mg/ml – 5.0mg/ml). Pre-administration of atenolol (2.0mg/kg) and prazosin (60μg/kg) significantly inhibited MLEc effect on HR and MAP respectively *in vivo*, while atenolol (7.0mg/ml) pre-perfusion significantly inhibited MLEc effect *in vitro*.

The hypertensive effect of MLEc is probably via β1-agonism. Results also indicate the presence of multiple cardioactive compounds in *L. leonurus*.

**Keywords**—Cardiovascular effect, *in vitro*, *in vivo*, isolated perfused working heart, *Leonotis leonurus*, rat.

I. INTRODUCTION

Estimates by the world health organization (WHO) indicate that approximately 60% of the world’s population depends on traditional medicine for their healthcare needs[11]. This figure rises up to about 80% in Sub-Saharan Africa with 70% of South Africans consulting traditional medicine healers for the treatment of chronic conditions including hypertension and ‘heart problems’ [2]. South Africa is a country with a large biodiversity of over 30 000 higher plant species, with approximately 3000 species belonging to a few plant families such as the Laminaceae finding extensive use indigenous traditional medicines formularies. Used extensively presently used as medicines [3]. *Leonotis leonurus* (Laminaceae) is a shrub with characteristic bright orange lion ear shaped flowers whose use in traditional medicine ranges from the treatment of epilepsy and skin conditions to bronchitis and ‘heart conditions [2], [3].

Previous studies on the plant have reported an antiepileptic effect in mice treated with the aqueous extract of the leaves, while the ethanol extract of the leaves were reported to inhibit cyclooxygenase enzyme *in vitro* [4], [5]. Studies focused on the cardiovascular effects of the plant’s extracts have variously reported a hypotensive effect in hypertensive and normotensive male Wistar rats, a vasorelaxant effect *in vitro* and a positive inotropic, negative chronotropic effect in isolated Langendorff perfused rat hearts [6], [8]. Although many compounds have been isolated from the plant, only one diterpenoid compound has been reported to affect the cardiovascular system with a negative chronotropic effect in normotensive Wistar rats [2], [9]-[11]. Though the above studies indicate that *L. leonurus* has some effect on the cardiovascular system, there is no indication of the effect of the organic extracts of the plant, simulating its traditional medicinal use as an alcohol leaf decoction. This study focused on the evaluation of the cardiovascular effects of fractions of a methanol leaf extract (MLE) of *L. leonurus* in normotensive male Wistar rats using the anaesthetized rat model and the isolated perfused working heart model.

II. MATERIALS AND METHODS

A. Plant Material

Plants were collected from Montague botanic gardens, Cape Town, South Africa, identified and a voucher specimen (No. 6859) deposited at the herbarium of the University of the Western Cape (UWC). Fresh leaves of the plant were washed, dried in a ventilated oven at 30°C for 72 hours, and ground to a fine powder. The powdered leaves (53 g) were continuously extracted for 5 hours with 1.5L of methanol, and excess solvent removed using a rotovapor (RE 300; Biddy Stirline). The dry extract was chromatographed on a silica gel (70 - 230 mesh grade) column, with ethyl acetate: hexane (1:4) combination as the mobile phase. Five fractions were collected, evaporated and labeled MLEa - MLEe.
B. Animals

Normotensive male Wistar rats weighing 250 - 350 g were used for in vitro and in vivo experiments. The animals were obtained from the Medical Research Council (MRC), Tygerberg, South Africa and kept at the animal room at the school of pharmacy, UWC, where they were allowed free access to food and water. Ethical approval for the study was obtained and all animals were treated according to ethical regulations as required by the University of Western Cape ethics committee.

C. Drugs and Chemicals

Atenolol (Astra Zeneca; Cape Town, South Africa) was dissolved in normal saline, while prazosin (Sigma; Cape Town, South Africa) and fractions MLEa - MLEe were suspended with 1% dimethylsulfoxide (Sigma; Cape Town, South Africa) in normal saline and further diluted with either normal saline (for in vivo experiments) or Krebs-Henseleit buffer solution (for in vitro experiments). Fresh Krebs-Henseleit buffer solution containing (in mM); 118.5 NaCl, 25.0 NaHCO3, 4.7 KCl, 1.2 MgSO4, 1.2 KH2PO4, 2.5 CaCl2 and 10.0 g glucose (all Sigma; Cape Town, South Africa) was prepared daily.

D. Measurement of Blood Pressure and Heart Rate in vivo

The effects of the methanol fractions on blood pressure (BP) and heart rate (HR) was evaluated using the anaesthetized rat model as described by Livius et al (2000) [12]. Normotensive male Wistar rats 3 - 4 months old and weighing between 250 g and 350 g, were anaesthetized using sodium pentobarbital (30 mg/kg IP), restrained and tracheotomised to facilitate breathing. The external jugular vein was cannulated for the infusion of drug substances, while the femoral artery was cannulated for the measurement of BP and HR. Systolic pressure (SP), diastolic pressure (DP), MAP and HR were monitored continuously on the Chart Recorder Module (Gentronics, USA) software on a desktop computer connected to the arterial cannula via a BP transducer positioned at the same level as the heart. Coronary flow (Qe) and aortic output (Qa) were measured by collecting perfusate (over one minute) from the organ chamber and aortic output cannula respectively. Cardiac output (CO) was calculated as the sum of Qe and Qa [13].

III. STATISTICAL ANALYSIS

Results of measured parameters were expressed as mean±S.E.M. (n= 6). Blood pressure readings were presented as MAP calculated from SP and DP data. Statistical significance (p< 0.05) of the differences in the means for control and test substances were analyzed using the unpaired student’s t-test.

IV. RESULTS

A. Effects on Anaesthetized Normotensive Rats

In anaesthetised normotensive rats, methanol leaf fractions MLEa, MLEb, MLEd and MLEe induced no observable changes to the cardiovascular parameters monitored (results not included). Fraction MLEc (0.01 mg/kg – 0.05 mg/kg) induced dose dependent increases in SP, DP and MAP (SP and DP results not shown) that were significant with MLEc doses above 0.02 mg/kg (Fig. 1).

MLEc also induced dose-dependent increases in HR, with significant increases occurring with doses above 0.03 mg/kg (Fig. 2). Prazosin (60 µg/kg) pre-administration led to statistically significant reductions in the increases in MAP induced by all doses of MLEc (Fig. 1). Prazosin pre-
administration also led to non-dose-dependent changes in HR, with slight but non-significant increases occurring with the lower (0.01-0.02mg/kg) MLEc doses and slight non-significant decreases occurring with the higher (0.03-0.05mg/kg) MLEc doses (Fig. 2). Pre-administration of atenolol (2 mg/kg) led to reductions in the increases in MAP induced by MLEc administration, with statistically significant reductions occurring with all but the highest (0.05 mg/kg) MLEc dose (Fig. 1). MLEc-induced increases in HR were also significantly reduced by atenolol pre-administration (Fig. 2).

**B. Effects on the Isolated Perfused Working Heart**

Isolated working hearts (IWH) were perfused for 10 minutes with different doses (1.0mg/ml – 5.0mg/ml) of MLEc. Perfusion with MLEc led to significant dose-dependent increases in dP, Qe, CO, Qa (results not shown) and HR (table I). A five minute pre-perfusion of atenolol (7.0µg/ml) led to significant reductions in the increases in dP, CO, and HR induced by all doses of MLEc (Table I). Atenolol pre-perfusion also led to reductions in Qe with the 1.0mg/ml, 2.0mg/ml, and 4.0mg/ml doses of MLEc, while increases in Qe occurred with the 3.0mg/ml and 5.0mg/ml doses, with significant changes occurring only with the highest dose (Table I).

**V. DISCUSSION**

Of the five fractions of the methanol extract of *L. leonurus* leaves tested in vivo and in vitro, fraction MLEc was the only fraction to induce changes in the cardiovascular parameters measured. Increases in BP and HR induced by MLEc were the opposite of previously reported effects of extracts from the plant [6], [7]. It is to be noted however the previous studies reported on the effects aqueous extracts of the plant, while fraction MLEc was from a methanol extract. Solvents choice is an important determinant of the nature of compounds extracted from plant material due to the different solubility profiles of the constituents. The differences in solvents used...
and results obtained from this study and previous studies suggests that MLEc contains different cardioactive compounds from those found in aqueous extracts of the plant [17]. Phytochemical analysis however indicated that MLEc contained alkaloids, cardiac glycosides, diterpenoids and tannins, a profile that is very similar to that reported of the aqueous extract [4]. The cardiovascular effects observed with the extracts could be attributed to any one or a combination of these groups of compounds since alkaloids, cardiac glycosides, diterpenoids and tannins extracted from different plants have all been shown to exhibit cardioactivity [4], [18], [19], [20]. Significant increases in HR observed with MLEc are indicative of a positive chronotropic and/or inotropic effect while the increases in MAP observed may be due to the resulting increased cardiac output. Increases in MAP may also have been due to vasoconstriction. Prazosin an α1 receptor antagonist significantly attenuated the MLEc-induced increase in MAP, even in the presence of increased HR suggesting that MLEc possesses a vasoconstrictive effect. Atenolol pre-administration also attenuated the MLEc-induced increase in MAP and HR, suggesting that increases in MAP induced by MLEc were due to both vasoconstriction and a positive chronotropic/inotropic effect. In IWH, MLEc perfusion led to increases in dP, Qa, Qe, CO, and HR indicative of a positive chronotropic and inotropic effect both in vivo and in vitro [16]. Significant increases in HR observed with MLEc are due to both vasoconstriction and a positive chronotropic and inotropic effect both in vivo and in vitro suggestive of a β1 agonist effect and direct vasoconstrictive effect. This gives good indication for further studies to isolate possible lead compounds with cardiovascular activity from the plant.

REFERENCES